

ONLINE HOT TOPIC



# Emotional Coaching

COST:\$33  
(15% off for VPC members)

WHEN:On demand

WHERE:Online at [www.theresiliencecentre.com.au](http://www.theresiliencecentre.com.au)

Contact Victorian Parents Council  
for membership discount!

Children who understand and can regulate their emotions tend to make stronger friendships, develop empathy and have more resilience. When a child becomes very emotional, it can be hard to understand the intensity and also how to handle it. This seminar will be most appropriate for parents and teachers of 4 - 8 year olds.

A COLLABORATION BETWEEN THE RESILIENCE CENTRE AND VICTORIAN PARENTS COUNCIL



[www.theresiliencecentre.com.au](http://www.theresiliencecentre.com.au) | [www.theresiliencecentre.com.au](http://www.theresiliencecentre.com.au) | [www.vicparentscouncil.vic.edu.au](http://www.vicparentscouncil.vic.edu.au)