## ONLINE HOT TOPIC



## Attachment: how does it relate to my mental health

COST: \$33

(15% off for VPC members)

WHEN: On demand

WHERE: Online at www.theresiliencecentre.com.au

Contact Victorian Parents Council for membership discount!

This seminar will present some key ideas and help you to link your own experience with theory. There will be a chance for discussion and interaction at the end of the topic.

A COLLABORATION BETWEEN THE RESILIENCE CENTRE AND VICTORIAN PARENTS COUNCIL





